

Activity Vibe

Activity Vibe is a monthly activity sheet available on line at vibe.com.au for use in classrooms, homework centres and at home.

Issue 85

Years 7-8

Pick up a copy of this month's Deadly Vibe magazine, the special surfing edition, and complete the following activities.

★ READING

Read the article on Rangì Pito and answer the following questions.



'If you have any problems you just go surfing and it releases all the heat that's in you and you cool off in the water'

- Rangì Pito

ON THE STRAIGHT AND NARROW

He used to run around on the streets – then Rangì Pito discovered the joys of surfing. He hasn't looked back since.

For 19-year-old Rangì Pito, there's no better place in the world to be than on a board waiting for the next wave. But it wasn't always that way. As a young teen, Rangì admits he was headed for trouble but thanks to a helping hand and the call of the ocean, he is now teaching others how to hold their own against the ocean.

"I lived in a very bad neighbourhood and it was very poor where I grew up," says Rangì, who grew up in country Victoria. "I used to hang out with my mates and there was nothing to do so we'd do bad things. If you get brought up in a bad place you sort of become bad, but when you find the good things in life like surfing and you get a bit older, you realise what you're doing is bad."

Despite getting off to a rough start, Rangì says that with the help of a friend along with his passion for surfing, he realised that he wanted more out of life.

"I started surfing when I was 14," he says. "Surfing was a big help

for me because it gets you focused. When you focus on something, you just forget about everything else in the world. If you have any problems you just go surfing and it releases all the heat that's in you and you cool off in the water."

These days, he's not only cooling off in the water but carving it up as well. As a four-time winner of the Warrnambool Indigenous Surfing title in Victoria, he wasn't too disappointed when this year he was pipped at the post.

"I came second and my best friend, Anthony Hume, came first," says Rangì. "He was pretty rapt because I had kept on beating him every year. He won the title on his birthday as well so that was a good birthday present for him!"

Rangì spends a lot of time teaching others how to surf in his new home of Phillip Island in Victoria.

"There isn't anything hard about learning to surf – pretty well everyone gets up in their first lesson," says Rangì.



★ COMPREHENSION

☆ Answer true (T) or false (F) to the following statements.

Rangi teaches others how to surf. ____ Rangi grew up in country New South Wales. ____ Rangi started surfing when he was 12. ____ Rangi's best mate won the Warrnambool Indigenous surfing title this year. ____

☆ Underline the correct answer.

How many times has Rangi won the Warrnambool Indigenous surfing title?

one two three four

☆ Write the sentence from the text that tells us that Rangi admits that he was headed for trouble, but with help and a love for the ocean, he now teaches people to surf.

☆ Rangi says that surfing was a big help to him. Explain how surfing helped Rangi.

☆ Circle the word that has the same meaning as the word rapt. "He was pretty rapt because ..."

shocked scared upset ecstatic

★ UNDERSTANDING THE TEXT

☆ Below is a muddled version of the events in the story. Rewrite them in the order in which they occurred in the article.

- ★ Rangi was pipped at the post in the Warrnambool Indigenous surfing title in Victoria this year.
- ★ Rangi started surfing when he was 14.
- ★ Rangi grew up in country Victoria.
- ★ Rangi used to hang out with his mates and there was nothing to do so they did bad things.
- ★ Rangi is the four-time winner of the Warrnambool Indigenous surfing title.
- ★ Rangi spends a lot of time teaching others how to surf in his new home of Phillip Island in Victoria.



Conjunctions are joining words that join sentences or parts of sentences together.

"Surfing was a big help to me **because** it gets you focussed."

Examples of conjunctions include:

after, also, although, and, because, before, but, either, for, if, neither, nevertheless, nor, or, since, so, unless, when, whenever, where, while, whilst, yet.

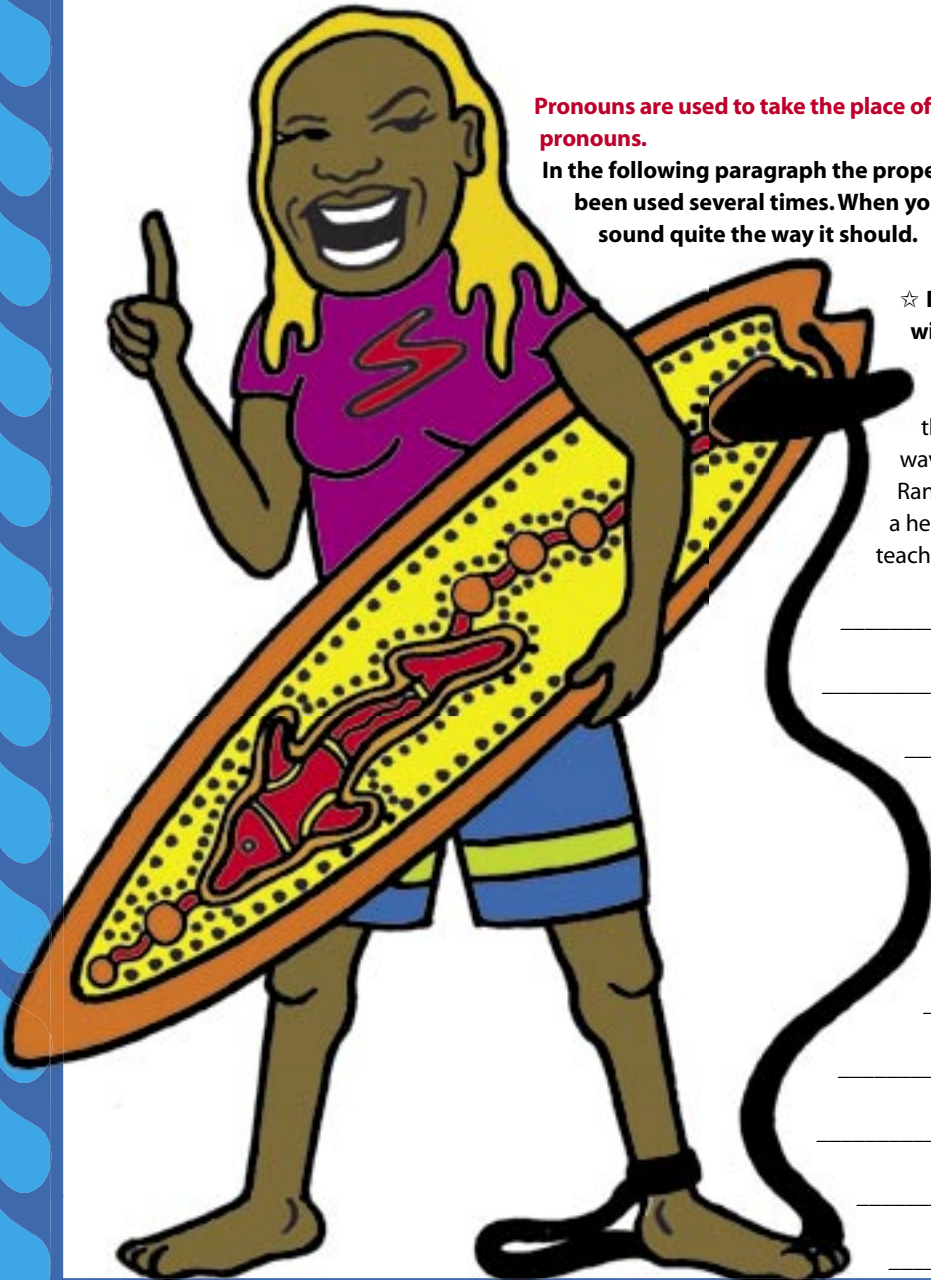
Sentences can begin with **and** or **but** however these words should be used sparingly.

☆ Rewrite the following sentences using another conjunction.

As a young teen, Rangi admits he was headed for trouble **but** thanks to a helping hand and the call of the ocean, he is now teaching others how to hold their own against the ocean.

If you get brought up in a bad place you sort of become bad, **but** when you find the good things in life like surfing and you get a bit older, you realise what you're doing is bad.

If you have any problems you just go surfing and it releases all the heat that's in you **and** you cool off in the water.

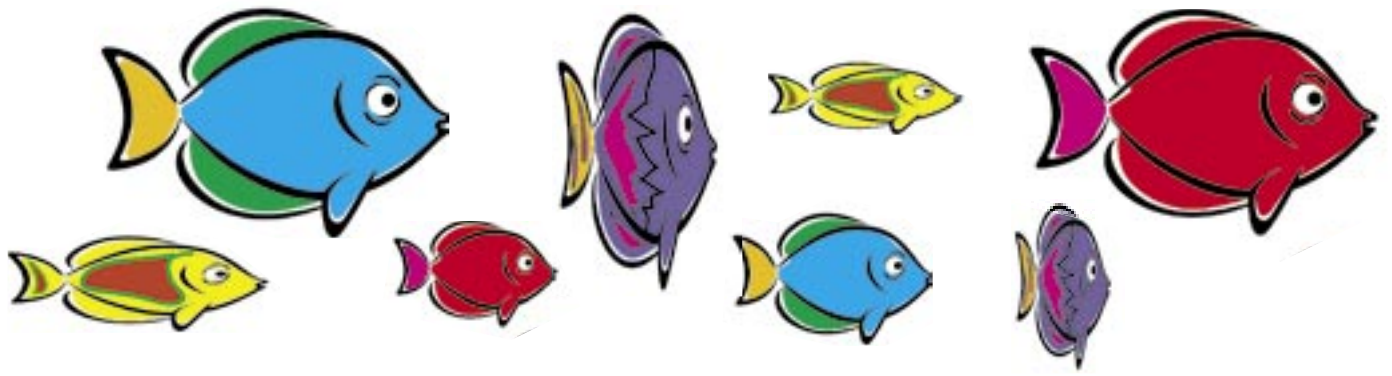


Pronouns are used to take the place of nouns. I, we, you, he, she, they and it are all pronouns.

In the following paragraph the proper nouns (that is, the names of the people) have been used several times. When you read the paragraph you will notice it doesn't sound quite the way it should.

☆ **Rewrite the paragraphs, and replace the nouns with pronouns where needed.**

For 19-year-old Rangi Pito, there's no better place in the world to be than on a board waiting for the next wave. But it wasn't always that way. As a young teen, Rangi admits he was headed for trouble but thanks to a helping hand and the call of the ocean, Rangi is now teaching others how to hold their own against the ocean.



Rangi says that ever since Rangi learned to surf, Rangi's been hooked. Rangi now spends his days either teaching surfing, making surfboards at Island Surfboards or just plain surfing. While Rangi enjoys just hanging out in nature, Rangi says he still has some goals.

★ SPELLING

Some words can be confusing, especially words that sound the same but are spelt differently and have different meanings, such as **your** and **you're**.

Your is used to indicate that you own something - your surfboard.

You're means 'you are'. The apostrophe (') indicates that the letter a has been left out.

☆ **Complete the following sentences by inserting the correct word.**

If you can't stand up straight away, you can normally at least get onto _____ (your/ you're) knees. From there, you bring one leg up and then the other until _____ (your/ you're) standing up.

☆ **Write two sentences using the words your and you're.**

your: _____

your: _____

you're: _____

you're: _____

★ POSTER DESIGN

☆ Rangi Pito has started his own surf school. He has asked you to come up with a name for his surf school and design a poster to advertise it. He runs classes for beginner, intermediate and advanced surfers at Woolamai Beach at Phillip Island. He has also asked that you direct all inquiries about his surf school to the Woolamai Beach Club. On the poster, include any other relevant information from the article that would help advertise Rangi's Surf School.